Job Exploration Counseling 122x/1005x

|  |  |
| --- | --- |
| Andrea M. CrearyPhone (585) 330-5696 Email andreacreary@gmail.com | Course overview This service will focus on exploring information about careers, the skills needed for different jobs and to discover personal career interest. It is individualized depending on the goals of the participant and will include the following:   1. Interest inventory and aptitude assessment will be used to explore career options. 2. Career exploration research utilizing online resources, including information on requirements such as education and experience according to local market trends. 3. Labor market research using Department of labor resources, as well as local/applicable job boards. 4. Soft skills enhancement, resume development, job search and application, interviewing skills. 5. Informational interviewing and job shadowing. 6. Provider recommendation for next moves based on information garnered during service delivery. |

# 