



Monroe 2-Orleans BOCES Center for Workforce Development

Career Launch Instruction in Self-Advocacy Module

Module Title: Instruction in Self-Advocacy

Module Description: This module is designed to empower participants with the skills and knowledge necessary for effective self-advocacy. Through goal setting, decision-making, social media literacy, understanding rights and responsibilities, and peer support, participants will gain the confidence to advocate for themselves in educational and professional settings.

Module Objectives:

1. Enable participants to take part in goal setting and complete a career development plan.
2. Provide opportunities for participants to make decisions and solve problems.
3. Educate participants on the safe and responsible use of social media and its impact on employment.
4. Ensure participants understand their rights and responsibilities as individuals with disabilities and learn how to request and use accommodations.
5. Encourage participants to seek and receive help when needed.
6. Foster peer connections and support.

Module Outline:

- Introduction to Self-Advocacy
- Career Development Planning
- Decision-Making and Problem-Solving Skill Development
- Understanding Rights and Responsibilities as a Student with Disabilities
- Requesting and Receiving Help
- Developing Peer Support and Connection

Activities:

- Participation in class discussions and activities
- Completion of a Career Development Plan
- Role-playing exercises and practical demonstrations

Resources:

- Access to computer, internet, and research tools
- Guest speakers and industry experts
- Workshops on social media literacy and professional communication
- Role-playing and practical exercise materials