

Post-Secondary Counseling Syllabus:

1. Foundations of Post-Secondary Counseling:

- Introduction to post-secondary counseling roles and responsibilities
- Student development theories relevant to college transition
- Ethical and legal considerations in post-secondary counseling
- Diversity and equity issues in higher education access

2. College Selection and Fit:

- The postsecondary options to be explored include:
 - Community Colleges (AA/AS degrees, certificate programs and classes)
 - Universities (Public and Private)
 - Training programs related to career pathways
 - Trade/Technical Schools
 - Military
 - Postsecondary programs at community colleges and universities for students intellectual and/or developmental disabilities
- Identifying and accessing accommodations
- Individualized student strategies to support a seamless transition from high school to postsecondary education, including:
- Identifying technology needs
- Attending college fairs and tours factors to consider when selecting colleges (size, location, majors, cost)
- Matching student interests and goals with college programs

3. College Application Process:

- Understanding the application landscape (common application, state applications, etc.)
- Essay writing strategies and college application essays
- College application deadlines and requirements
- Navigating application portals and systems

4. Financial Aid and Funding:

- Federal financial aid programs (FAFSA, Pell Grants)
- State and institutional aid options
- Scholarship search strategies
- Budgeting and financial planning for college

5. Career Exploration and Planning:

- Career assessments and aptitude testing
- Labor market trends and career pathways

- Major selection and career planning

6. Standardized Testing:

- ACT and SAT test preparation strategies
- Test anxiety management
- Interpreting test scores

7. Advocacy and Collaboration:

- Working with students with special needs
- Communicating with parents and families
- Collaborating with school staff, college admissions officers, and community organizations

8. Assessment and Intervention:

- Conducting student needs assessments, Individualized counseling plans, and Monitoring student progress and interventions.
- Course Delivery Methods:
- Lectures and discussions, Case studies and role-playing scenarios, Guest speakers from college admissions offices, Online research and information gathering, and Practical application through student presentations and simulations.