**Post-Secondary Counseling Syllabus:**

**1. Foundations of Post-Secondary Counseling:**

* Introduction to post-secondary counseling roles and responsibilities
* Student development theories relevant to college transition
* Ethical and legal considerations in post-secondary counseling
* Diversity and equity issues in higher education access

**2. College Selection and Fit:**

* The postsecondary options to be explored include:
  + Community Colleges (AA/AS degrees, certificate programs and classes)
  + Universities (Public and Private)
  + Training programs related to career pathways
  + Trade/Technical Schools
  + Military
  + Postsecondary programs at community colleges and universities for students intellectual and/or developmental disabilities
* Identifying and accessing accommodations
* Individualized student strategies to support a seamless transition from high school to postsecondary education, including:
* Identifying technology needs
* Attending college fairs and tours factors to consider when selecting colleges (size, location, majors, cost)
* Matching student interests and goals with college programs

**3. College Application Process:**

* Understanding the application landscape (common application, state applications, etc.)
* Essay writing strategies and college application essays
* College application deadlines and requirements
* Navigating application portals and systems

**4. Financial Aid and Funding:**

* Federal financial aid programs (FAFSA, Pell Grants)
* State and institutional aid options
* Scholarship search strategies
* Budgeting and financial planning for college

**5. Career Exploration and Planning:**

* Career assessments and aptitude testing
* Labor market trends and career pathways
* Major selection and career planning

**6. Standardized Testing:**

* ACT and SAT test preparation strategies
* Test anxiety management
* Interpreting test scores

**7. Advocacy and Collaboration:**

* Working with students with special needs
* Communicating with parents and families
* Collaborating with school staff, college admissions officers, and community organizations

**8. Assessment and Intervention:**

* Conducting student needs assessments, Individualized counseling plans, and Monitoring student progress and interventions.
* Course Delivery Methods:
* Lectures and discussions, Case studies and role-playing scenarios, Guest speakers from college admissions offices, Online research and information gathering, and Practical application through student presentations and simulations.