**Syllabus for 121x – POST SECONDARY OPTIONS COUNSELING**

**Description:**

FLIC will help students with disabilities (SWDs) and their families navigate the transition from high school to postsecondary education and career pathways. We will cover research on course offerings, career options, academic and vocational training, and the postsecondary opportunities available. We will also provide guidance on college applications, financial aid, and connecting with disability support services.

**Service Objectives:**

* Research and explore information on course offerings and career options.
* Advise on academic curricula, college/vocational training applications, and financial aid processes.
* Connect to disability support services through state agencies.
* Explore various postsecondary options and identify necessary accommodations.
* Develop individualized strategies for a seamless transition to postsecondary education.

**Services Breakdown – some or all may be covered:**

* Introduction to Transition Planning
* Overview of services
* Importance of transition planning
* Initial assessment of student goals and needs
* Researching Course Offerings and Career Options
* Identifying interests and strengths
* Exploring academic, vocational, and occupational training
* Career field research and comprehensive transition pathways
* Postsecondary Opportunities
* Community colleges (AA/AS degrees, certificate programs)
* Universities (public and private)
* Training programs related to career pathways
* Trade/technical schools
* Military options
* College/Vocational Training Applications
* Understanding application processes
* Writing personal statements and essays
* Gathering necessary documentation
* Financial Aid and FAFSA
* Overview of financial aid options
* Step-by-step guide to completing the FAFSA
* Scholarships and grants
* Disability Support Services
* Overview of services available through OPWDD and OMH
* How to connect with support services
* Understanding rights and accommodations
* Postsecondary Programs for Students with Disabilities
* Programs at community colleges and universities
* Specialized programs for students with intellectual and/or developmental disabilities
* Identifying and accessing accommodations
* Technology Needs and Resources
* Identifying technology needs for postsecondary education
* Assistive technology options
* Resources for obtaining technology
* College Fairs and Tours
* Importance of visiting campuses
* How to prepare for college fairs
* Making the most of campus tours
* Individualized Student Strategies
* Developing personalized transition plans
* Setting realistic goals and timelines
* Strategies for academic success
* Family Involvement and Support
* Role of family in transition planning
* Communicating with family members
* Resources for family support

**Review and Next Steps:**

* Reviewing key concepts and strategies
* Finalizing transition plans
* Preparing for the next steps in the transition process

**Activities:**

* Application and financial aid practice exercises
* Participation in discussions and activities
* Finalizing transition plans