



Post-Secondary Options Counseling (1008X) Syllabus

Course Title: Post-Secondary Options Counseling for Potentially Eligible Participants

Duration: 8 units per customer (4 hours total), delivered in 30-minute sessions

Instructor: TBD

Course Overview:

This service is designed to empower individuals who are potentially eligible for ACCES-VR services by providing tailored, participant-centered guidance and resources. Through personalized counseling and targeted skill-building, participants will be equipped to navigate post-secondary educational or vocational pathways with confidence and independence. A structured approach ensures clear, measurable outcomes and ongoing support.



Course Objectives:

1. Conduct a comprehensive assessment of participant interests, strengths, and goals.
 2. Explore post-secondary educational and vocational opportunities tailored to individual needs.
 3. Provide tools and training to develop essential skills for academic and workplace success.
 4. Educate participants on self-advocacy and accessibility rights under the ADA.
 5. Guide participants through application processes and documentation requirements.
 6. Offer consistent follow-up support to ensure successful transitions and continued progress.
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Session Breakdown:

Session 1: Initial Engagement and Assessment

- **Duration:** 1 unit (30 minutes)
- **Topics Covered:**
 - Welcome and intake overview
 - Comprehensive assessment of strengths, interests, and goals
 - Identifying barriers and developing actionable strategies
 - Creating an Individualized Transition Plan (ITP) with measurable outcomes
- **Outcome:** Draft of a participant's ITP.

Session 2: Exploring Post-Secondary Opportunities

- **Duration:** 2 units (1 hour)
- **Topics Covered:**
 - Overview of educational and vocational program options
 - Guidance on admissions processes and application requirements
 - Financial aid, scholarships, and grants exploration
- **Outcome:** List of aligned programs with key application steps and financial resources.

Session 3: Skill Development for Success

- **Duration:** 2 units (1 hour)
- **Topics Covered:**
 - Time management, organizational strategies, and study skills
 - Communication and problem-solving exercises
 - Tools and templates for effective planning and task management
- **Outcome:** Personalized skill-building plan for academic and vocational success.



Session 4: Self-Advocacy and Accessibility Training

- **Duration:** 1 unit (30 minutes)
- **Topics Covered:**
 - Rights under the ADA and accessing disability support services
 - Self-advocacy techniques for requesting accommodations
 - Guidance on engaging with accessibility offices
- **Outcome:** Plan for accessing resources and self-advocacy strategies.

Session 5: Application Support and Documentation

- **Duration:** 2 units (1 hour)
 - **Topics Covered:**
 - Step-by-step guidance for application processes
 - Assistance with document compilation, including transcripts and recommendation letters
 - Mock interview preparation and role-play scenarios (if applicable)
 - **Outcome:** Completed application packet and preparation for admissions interviews.
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Materials Needed:

- Notebook and pen
 - Access to online resources (provided by the instructor)
 - Relevant documentation for admissions or financial aid
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Assessment and Success Metrics:

Participants will be evaluated based on:

1. Completion of a comprehensive Individualized Transition Plan (ITP).
 2. Demonstrated understanding of post-secondary options and processes.
 3. Active participation in skill-building activities and exercises.
 4. Progress in navigating applications and securing opportunities.
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Follow-Up Support Summary:

HEWC provides ongoing support to ensure participants successfully transition to their chosen post-secondary opportunities. Follow-up sessions are scheduled to:

1. Monitor progress and address any challenges faced during the transition process.
2. Adjust the Individualized Transition Plan as needed to meet evolving goals.
3. Provide additional resources or referrals for vocational training, career development, or accessibility support.
4. Offer check-ins to ensure applications are completed, deadlines are met, and participants are prepared for enrollment.

Outcome Tracking and Continuous Improvement: HEWC employs data-driven metrics to evaluate program success, including application completions, enrollment rates, and participant satisfaction. Feedback is regularly gathered to refine service delivery and ensure alignment with participants' evolving needs.

Summary:

Through this structured and personalized approach, HEWC ensures participants receive comprehensive guidance, skill-building, and follow-up support tailored to their unique circumstances. This methodology not only empowers individuals to successfully navigate post-secondary opportunities but also provides them with the tools, resources, and confidence to achieve their goals. By focusing on individualized plans and ongoing engagement, HEWC reinforces its commitment to creating pathways to success. This service aligns with ACCES-VR's mission, ensuring participants are supported every step of the way as they transition to educational and vocational opportunities that meet their aspirations.