



**POST-SECONDARY OPTIONS
COUNSELING FOR
POTENTIALLY ELIGIBLE
(1008X) SYLLABUS**

Course Title:

Post-Secondary Options Counseling for Potentially Eligible Participants

Duration:

Eight units per participant, totaling four hours, delivered in 30-minute sessions

Instructor:

TBD

Course Overview

This Post-Secondary Options Counseling (1008X) program is designed for individuals who are potentially eligible for ACCES-VR services. Through a structured, participant-centered approach, individuals will receive comprehensive guidance on post-secondary pathways, including college, vocational training, apprenticeships, and certifications. The program integrates financial aid support, self-advocacy training, accessibility resources, and transition planning to ensure participants are well-prepared for academic and career success.

Course Objectives

By the end of this program, participants will be able to:

- Identify their strengths, interests, and career goals
- Explore post-secondary education, vocational training, and career pathways
- Understand the admissions, financial aid, and scholarship application processes
- Develop self-advocacy and independence in requesting accommodations

- Utilize assistive technology and accessibility tools to support academic and vocational success
 - Create an Individualized Transition Plan outlining clear steps for post-secondary readiness
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Session Breakdown

Session One: Introduction and Individualized Assessment

Duration: One unit, 30 minutes

Topics Covered:

- Overview of the program and expectations
- Assessment of strengths, interests, and career goals
- Identification of barriers and solutions for post-secondary success
- Introduction to assistive technology and accessibility tools

Outcome:

- A customized transition plan outline identifying key goals and action steps
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Session Two: Exploring Post-Secondary and Vocational Pathways

Duration: Two units, one hour

Topics Covered:

- Overview of college, trade schools, apprenticeships, and certification programs
- Understanding the differences between degrees, vocational training, and certifications
- Admissions process, application strategies, and deadlines
- Exploring alternative pathways such as military, entrepreneurship, and workforce entry

Outcome:

- A personalized list of post-secondary programs with key admissions information
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Session Three: Financial Aid and Scholarship Guidance

Duration: One unit, 30 minutes

Topics Covered:

- Overview of financial aid, grants, scholarships, and funding sources
- Understanding tuition assistance programs for students with disabilities
- Guidance on accessing community and employer-sponsored financial resources

Outcome:

- A financial aid plan outlining scholarship opportunities and key application deadlines
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Session Four: Academic and Career Readiness Skills

Duration: One unit, 30 minutes

Topics Covered:

- Time management and organizational skills for post-secondary success
- Effective study habits for different learning environments
- Professional communication and workplace readiness training
- Digital literacy and how to access online learning and career resources

Outcome:

- A personalized academic and career success strategy
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Session Five: Self-Advocacy and Accessibility Services

Duration: One unit, 30 minutes

Topics Covered:

- Understanding the Americans with Disabilities Act (ADA) rights and requesting accommodations
- Navigating college disability offices and vocational support services
- How to advocate for testing accommodations, assistive technology, and note-taking services
- Confidence-building strategies for advocating in academic and workplace settings

Outcome:

- An individualized self-advocacy plan for post-secondary education and employment

Session Six: Final Transition Planning and Next Steps

Duration: Two units, one hour

Topics Covered:

- Reviewing progress on the transition plan
- Finalizing applications for college, vocational programs, and financial aid
- Creating a follow-up plan for continued support
- Connecting participants with mentors, career services, and networking opportunities

Outcome:

- A completed transition plan with actionable next steps and ongoing support options
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Materials Needed

- Notebook and pen for notes and goal tracking
 - Online access to college and vocational resources provided by the instructor
 - Assistive technology tools if applicable
 - Admissions and financial aid documentation for application support
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Assessment and Success Metrics

Participants will be evaluated based on:

- Completion of an Individualized Transition Plan
 - Demonstrated understanding of post-secondary pathways and financial aid options
 - Ability to advocate for accommodations and accessibility needs
 - Engagement in career exploration and skill-building activities
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Follow-Up and Ongoing Support

- Ongoing check-ins for additional guidance as participants transition into their selected programs
- Access to mentorship, career coaching, and job placement resources
- Continued assistance with financial aid, scholarships, and accessibility services