Job Exploration Counseling (122x & PE 1005x)

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| Instructor TBD Phone 518-274-0701 Office location 15-17 Third St.  Troy NY 12180 | Course overview: This six-week course has been developed for Students with Disabilities (SWDs) as defined by ACCES-VR. The purpose of this course is to provide the student with a variety of opportunities to learn about career paths and employment goals. This course can be adapted to be used in a group or individual setting. Required materials & Expectations All course materials will be provided to the student. Students are encouraged to bring something with which to take notes, whatever works best for them. Students should come to sessions with an open mind about their future and prepared to participate in individual or group sessions. |

# Course schedule

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| Week | |  |
| **1** | **What would you like to do? :** Conducting vocational interest inventory activities, identifying your strengths, connecting your strength to career paths | |
| **2** | **The Labor Market:** Host speaker in in-demand field to talk to students, learning about the labor market, in-demand industry sectors and occupations | |
| **3** | **Sample career pathways:** Based on the interests of the student(s) we will explore the skills, duties, environment and expectations of a specific career path. Invite speaker in the industry based on students’ preferences. | |
| **4** | **Visiting the local one-stop:** Field trip to the local One-Stop Career Center, meet with staff and register with the career center | |
| **5** | **What “non-traditional” options are there? Part 1 :** Explore other options with military, entrepreneurship and self-employment. | |
| **6** | **What “non-traditional” options are there? Part 2:** Host speakers including military recruiters and small business owners. | |
| **7** | **In the workplace:** understanding the workplace, learning about the soft skills | |
| **8** | **Conclusion:** Review of previous weeks, discuss future plans and highlights from group activities | |