



Syllabus for Service 1005X

Course Title: Job Exploration Counseling for Potentially Eligible Participants

Duration: 8 units per customer (4 hours total), delivered in 30-minute sessions

Instructor: [To Be Determined]

Course Overview:

This program provides participants with a supportive and structured counseling environment to explore various job and career pathways. Tailored to the needs of potentially eligible participants, the service emphasizes self-awareness, career research, and actionable next steps to enhance employability.

Learning Objectives:

By the end of this program, participants will:

1. Develop a better understanding of their strengths, interests, and values.
2. Gain knowledge of career options, including non-traditional pathways.
3. Learn about job market trends and workplace expectations.
4. Create a realistic and personalized career action plan.
5. Increase confidence in exploring and pursuing employment opportunities.



Curriculum Outline:

Unit 1: Introduction to Job Exploration Counseling

- Overview of program goals and structure
- Initial self-assessment of interests and values
- Establishing individual goals and expectations

Unit 2: Understanding Strengths and Interests

- Identifying personal strengths and transferable skills
- Exploring interests and how they align with potential careers
- Exercises in self-discovery and reflection

Unit 3: Career Research and Exploration

- Introduction to career clusters and job families
- Using resources to research occupations
- Learning about non-traditional and emerging career options

Unit 4: Job Market Trends and Workplace Realities

- Overview of labor market trends
- Understanding workplace expectations and professional behavior
- Discussing challenges and barriers in employment

Unit 5: Exploring Job Options and Pathways

- Reviewing potential career options
- Guest speakers or video resources on specific industries
- Small group discussions or one-on-one consultations

Unit 6: Developing a Career Action Plan

- Creating SMART (Specific, Measurable, Achievable, Relevant, Time-bound) goals
- Outlining steps to achieve identified goals
- Identifying potential barriers and strategies to overcome them

Unit 7: Preparing for the Job Search Process

- Introduction to resume building and job applications



- Overview of interviewing basics and professional etiquette
- Creating a job search toolkit

Unit 8: Program Wrap-Up and Next Steps

- Review of participant's progress and action plan
 - Providing resources for continued exploration and growth
 - Final reflections and program evaluation
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Instructional Methods:

- One-on-one counseling sessions
 - Interactive exercises and group discussions
 - Career exploration tools and resources
 - Progress tracking and personalized feedback
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Follow-Up Support Summary:

To ensure continued progress, follow-up support will include:

- **Scheduled Check-Ins:** Follow-ups at 30, 60, and 90 days to monitor progress and address challenges.
 - **Career Resources:** Participants will receive guides and tools for independent exploration.
 - **Ongoing Communication:** Open channels for participants to ask questions or seek guidance.
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Summary Paragraph:

The Job Exploration Counseling program equips participants with the tools and guidance necessary to explore and identify suitable career paths. Through eight structured units, participants engage in self-assessment, career research, and actionable planning, all while building the confidence needed to pursue employment opportunities. Follow-up support ensures sustained progress and alignment with ACCES-VR guidelines, making this service a valuable resource for career readiness.